

LUNCHEON

Served from Monday thru Saturday 11:30am to 4:00pm

Served with House Salad (From Apr. to Oct.) Miso Soup (From Nov. to Mar.)

RICE

-  **1. Curry Supreme** 6.95
Chunks of soy protein stewed w/potatoes, carrots, broccoli & green peas in a special Japanese curry sauce.
-
-  **2. General Tso's Surprise** (Vegan Optional) 6.95
Chunks of soy protein in hot kung-pao sauce. Garnished with steamed broccoli and carrots.
-
- 3. Golden Nugget** 6.95
Marinated yuba (bean curd skin) wrapped w. shredded shiitake mushrooms, bamboo shoots, spiced dry tofu & soy protein in house brown sauce garnished with broccoli w/steamed napa cabbage, bean thread noodles and carrots.
-
-  **4. Eggplant in Basil Chili Sauce** 6.95
Sauteed w/baby corn, bamboo shoots, carrots, & water chestnuts.
-
-  **5. Wheat Gluten with Fermented Black Bean Sauce** 6.95
Sauteed w/organic tofu, carrots, zucchini and yellow squash.
-
- 6. Sweet & Sour Sensation** 6.95
Soy protein with chunks of pineapple, zucchini and carrots in a delightful sweet and sour sauce.
-
- 7. Marinated House Flavor** 6.95
Stewed with bamboo shoots, shiitake mushrooms, potatoes, carrots and soy protein.
-
-  **8. Curry Paradise** 6.95
Chunk of soy protein, stewed w/zucchini, tomato, broccoli & sweet corn in a special Japanese curry sauce.
-
- 9. Macrobiotic Tofu** 6.95
Organic firm tofu, lily flower, wakame, carrots, burdock, goji berry and Chinese jujube in light ginger sauce, tossed with sesame seeds.
-
-  **10. Organic Ma Po Tofu** 6.95
With diced soy protein, green soy beans, shiitake mushrooms and sweet corn in hot & spicy sauce.
-
- 11. Kale & Burdock Deluxe** 6.95
With organic tofu, wheat gluten & organic chick peas in ginger sauce.
-
- 12. Macrobiotic Root Vegetables & Greens** 7.50
Sauteed fresh jicama, carrots, burdock, snow peas, daikon, goji berry & ginger root on a bed of steamed watercress & tossed w/seacress (green nori flake).
-
- 13. Ocean Veggie Fillet** 6.95
Crispy yuba & soy protein veggie fillet on a bed of steamed lettuce. Garnished w/red bell pepper, bamboo shoots, white mushrooms, tomatoes & shirataki in veggie oyster & balsamic sauce.
-
- 14. Eggplant Medley** 6.95
Sauteed with minced soy protein, baby corn, tomato, sun-dried tomato, mushrooms and zucchini.
-
- 15. Orange Imagination** 7.50
Soy protein marinated with orange juice, fresh chunks of orange, snow peas, Thai basil and garnished with pumpkin seeds & broccoli.
-
-  **16. Rice Bowl** (vegan optional) 7.50
Napa cabbage, carrots, snow peas, bean thread noodles and grilled veggie patty.
-
-  **17. Adventure of Organic Tempeh Land** 7.50
Organic tempeh (five grains) sautéed with red bell pepper, snow peas, asparagus, baby corn & White mushrooms in Thai style curry sauce.
-
- 18. Zen of Greens** 6.95
Kale, watercress, snow pea, broccoli, baby bok choy in light ginger & veggie-oyster sauce.



• Hot & spicy or low/no oil & salt options are available.

• We use filtered water for drinking.

 spicy  non-vegan

NOODLES

-  **19. Grilled Veggie Patty over Noodle in Thai Tom Yum Soup** *(vegan optional)* 7.50
Napa cabbage, bean sprout, baby corn, shiitake mushrooms and bamboo shoots in Thai spicy and sour soup.
-
- 20. Bolognese Sun-Dried Tomato-Mushroom Herb Penne** 6.95
-
- 21. Mizuni Sansai Noodles** *(Udon or soba)* 6.95
Sauteed w/soy gluten, wood ear mushrooms, asparagus Japanese parsley backed. tossed w/sea cress (green nori flake-gomashio)
-
- 22. Colorful Vegetables Lo Mein** 6.95
Sauteed Chinese noodles w/soy protein, bean sprouts, carrots, napa cabbage, wood ear mushrooms & shiitake mushrooms.
-
-  **23. Hot Hot Shabu Shabu** 7.95
Yuba (tofu skin), organic tofu, napa cabbage, bean thread noodle, bean thread noodles, dried mushroom chunks, broccoli and baby bok choy in spicy hot soup.

SUSHI

- 24. Sushi Combo Box** 7.25
-
- 25. One Mouth Happiness** 8.50
Sushi combo, hiyashi seaweed and edamame soybeans.

SANDWICHES

- (Served on ciabatta bread garnished with lettuce, tomatoes and jicama)* 6.50
-  **26. Grilled Vegi-Burger** *(vegan optional)*
-
- 27. Orange Chick'n Chunks**
-
- 28. Vegi-Chick'n Patty**
-
- 29. Organic Tempeh**
-
- 30. Grilled Organic Tofu & Vegetables Sandwich**
(Asparagus, eggplant, zucchini, yellow squash & red pepper)

**HAPPY HOUR
FROM MON.-THUR
4:00-6:00
(DINE IN ONLY)**

• Food allergies?
Please ask about any dish before ordering.

 spicy  non-vegan